The self-retracting lanyard (ACR) is designed to be used as a connecting device in a personal fall arrest system. The ACR connects the user's harness to the anchorage point. Typical applications are for indoor warehouse use, for personnel using fork lifts or order pickers.

The self-retracting lanyard allows freedom of movement for loading and unloading pallets and skids in elevated areas, and eliminates tripping hazards and dangerous falls normally associated with rope lanyards. In case of a slip or a fall, an internal braking system immediately activates to arrest the fall.

The ACR contains eight feet (2.4 m) of polyester webbing wound on a spring loaded drum. It is supplied with an autolocking carabiner and a 3/4 in. double-locking snap hook. It is offered in two models, with or without a snapped foam cover.

NOTE ANSI Z359.1 prohibits the use of screw lock type carabiners to prevent accidental opening of the gate when not closed properly. Autolocking carabiners or double-locking snap hook must be used.

⚠️ WARNING Always select an anchorage point that is rigid and capable of supporting a minimum load of 5,000 lbs. (22 kN).

For more information on the choice of connectors offered by Tractel, refer to the technical sheets T-4536 and T-4537.

For further information refer to the "Use and Maintenance Instructions" for self-retracting lanyards.

Available models:

RA8QG 8-foot (2.4 m) self-retracting lanyard with 3/4 in. double-locking snap hook and autolocking carabiner.

The ACR without cover can be used where the device will not be exposed to excessive dust or where it will not be subjected to shock impact or abuse that could affect the proper functioning of the device.

RH8QG 8-foot (2.4 m) self-retracting lanyard with housing, 3/4 in. double-locking snap hook and autolocking carabiner.

The use of Fallstop® ACR with dust or shockproof cover is highly recommended where working environment presents a high level of dust and where the ACR could be exposed to shock impact or abuse.

<table>
<thead>
<tr>
<th>PARTS</th>
<th>SPECIFICATIONS</th>
<th>APPLICABLE STANDARDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 in. autolocking carabiner</td>
<td>Constructed of drop-forged steel, zinc plated Gate opening: 1 in. (25 mm) Tensile strength: 5,000 lbs. (22 kN)</td>
<td>ANSI Z359.1</td>
</tr>
<tr>
<td>3/4 in. double-locking snap hook</td>
<td>Constructed of die-cut press steel, zinc plated Gate opening: 3/4 in. (19 mm) Tensile strength: 5,000 lbs. (22 kN)</td>
<td>ANSI Z359.1</td>
</tr>
<tr>
<td>Capacity</td>
<td>310 lbs. (140 Kg) One person</td>
<td></td>
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