



A030M
 Formerly LIN-30030-A

Made specifically for restraint use, the Ultra-Light harness is designed to be as lightweight as possible. Offered in quick connect style only, the A030 comes standard in soft nylon webbing but is also available in polyester (A031) and safe-set polyester (A032).

Features include:

- very lightweight;
- leg loops with sub-pelvic retainer;
- dual color for ease of use;
- 3-point adjustment for easy and quick donning;
- heavy duty slip lock buckles for chest strap height adjustment;
- back plate made of Arnitel synthetic rubber;
- sliding dorsal D-ring;
- die-cut components;
- tyvek label.

Sizes:

- Medium: A030M (fits most)
- Large: A030L

Applicable standards:

- ANSI Z359.1
- ANSI A10.14 type 1
- OSHA fall protection requirements
- New York BSA approved

Applications:

- Restraint
- Fall arrest

For further information refer to "Use and Maintenance Instructions" for harnesses and belts.

PARTS	SPECIFICATIONS	APPLICABLE STANDARDS
Standard webbing	Nylon webbing Width: 1 3/4 in. (45 mm) Thickness: 0.08 in. (2 mm) Tensile strength: 6,000 lbs. (27 kN) Webbing is heat-cut to prevent fraying.	ANSI Z359.1
Optional webbing	Polyester webbing Width: 1 3/4 in. (45 mm) Thickness: 0.07 in. (1.7 mm) Tensile strength: 7,000 lbs. (31 kN) Webbing is heat-cut to prevent fraying.	ANSI Z359.1
Optional webbing	Safe-set polyester webbing Width: 1 3/4 in. (45 mm) Thickness: 0.07 in. (1.7 mm) Tensile strength: 5,600 lbs. (25 kN) Webbing is heat-cut to prevent fraying.	
Stitching	Harness is lock-stitched Thread #207	
D-ring	Constructed of die-cut steel, zinc plated Proof loaded 100% at 3,600 lbs. (16 kN) Tensile strength: 5,000 lbs. (22 kN)	ANSI Z359.1
Quick connect buckle	Constructed of die-cut steel, zinc plated Tensile strength: 4,000 lbs. (17 kN)	ANSI Z359.1
Plastic loops	Each webbing strap with a free end has keeper loops.	
Capacity	310 lbs. (140 Kg) One person	